



Delta Gamma Center for Children  
with Visual Impairments

[www.dgckids.org](http://www.dgckids.org)  
314-776-1300

## Medical Professional Volunteers 2016

### **About GRADS (Group Recreation and Developmental Support) Groups**

GRADS groups serve school-age youth who are blind or visually impaired to help children develop friendships and social skills, increase independence, and promote participation in a variety of community activities.

**The Need:** All GRADS participants have a visual impairment. Some participants have additional medical concerns that could prohibit them from participating in activities without the presence of a licensed medical personnel (Nurse, Medics, Physicians, NP, PA). DGC staff members are CPR and First Aid certified, trained to administer Diastat, and select staff members have a Medication Administration Certification. That said, there are a few participants who require either daily or emergency medications that the staff at DGC are unable/unauthorized to perform.

The Center is looking for qualified medical personnel to join our list of registered volunteers willing to help with various program offerings. The way it works- you let us know what program(s) you are interested in helping out with, we get you registered (waiver, release, background check), then add you to the list of volunteers who will be contacted quarterly or on an as needed bases giving you the opportunity to sign-up and volunteer to cover the various scheduled events.

### **Monthly Meetings & Trip Volunteers**

**Overview of Need:** A medical professional must be present at all group meetings with the primary responsibility of administering required medications (physician authorized) and providing support in the event of a medical emergency (injury, seizure, ect).

**How often do the groups meet?** The group meets one Saturday (typically the first Saturday) each month during the school year.

**What kinds of activities take place the meetings?** During their monthly meetings, participants experience a wide variety of community and recreational activities, participate in discussion groups, arts, and much more.

**Do I have to commit to attend every month?** We prefer you do. We understand that things come up and scheduling can be a challenge, but ask that volunteers only commit as monthly meeting volunteers if they can make most meetings as consistency is very important for these children.

**What about the trips?** In addition to monthly group meetings we take the kids on one local overnight trip each winter and a "Challenge Trip" each summer. Challenge Trips are 3-4 day adventure trips that most often take place out of state. Please note, traveling and lodging expenses for medical volunteers is covered by the Center.

### **Tandem Cycling Team Volunteers**

**Overview of Need:** Tandem cycling team is a seasonal group that enjoys 2-hour rides weekly from April thru September for youth over 10 years old. The nature of this activity presents a greater risk for participant injury than others. Safety takes first priority! One medical professional is needed for each ride to administer emergency medication, first-aid, and support in the event of a medical emergency.

**Will I ride tandem or on my own bike?** Medical personnel are solo riders that accompany the group throughout the entire ride on their own bike.

**I am expected to go on every ride?** No. Ideally, we will have several medical professionals on the team to help ensure all rides have a medical professional signed up to ride.

\*\* Note: Tandem Adventure ride dates and times are subject to change. The finalized schedule will be released this winter.

Date	Day	Time	Event	# Vol needed	Location
<b>JANUARY</b>					
Jan 9	Sat	10am - 2pm	GRADS Meeting	1	DGC
<b>FEBRUARY</b>					
Feb 6	Sat	10 - 6:00pm	GRADS - Extended Winter Day Trip to the Zoo & Center Activities	1	TBA
Feb 6-7	Sat	TBA	GRADS Winter Trip: Trout Lodge Outing Volunteer(s) are required to stay overnight	2	Drop off & pick up DGC
<b>MARCH</b>					
Mar 5	Sat	10am - 2pm	GRADS Meetings: Groups split for offsite excursions	2	DGC
Mar 13	Sun	11:30am -1:30pm	Trekker Adventurers Hike	1	TBD
Mar 20	Sun	11:30am -1:30pm	Trekker Adventurers Hike	1	TBD
<b>APRIL</b>					
Apr 2	Sat	10am-2pm	GRADS Group Meeting	2	DGC
Apr 9	Sat	8:45- 11am	Tandem Kick-off Ride at Grant's Farm	1	
Apr 10	Sun	11:30am -1:30pm	Trekker Adventurers Hike	1	TBD
Apr 17	Sun	11:30am -1:30pm	Trekker Adventurers Hike	1	TBD
Apr 23	Sat	8:45- 11am	Tandem Ride	1	
Apr 30	Sat	8:45- 11am	Tandem Ride	1	
<b>MAY</b>					
May 7	Sat	10 am – 2 pm	GRADS Group Meeting	2	DGC
May 14	Sat	8:45- 11am	Tandem Ride	1	
May 15	Sun	11:30am -1:30pm	Trekker Adventurers Hike	1	TBD
May 21	Sat	8:45- 11am	Tandem Ride	1	
May 15	Sun	11:30am -1:30pm	Trekker Adventurers Hike	1	TBD
<b>JUNE</b>					
June 23-26			Copper Mountain, Colorado * Preferred 1 male, 1 female	2	
June 4	Sat	8:45- 11am	Tandem Ride	1	
June 9	Thrs	5:45- Dusk	Tandem Ride	1	
June 18	Sat	8:45- 11am	Tandem Ride	1	
June 23	Thrs	5:45- Dusk	Tandem Ride	1	
<b>JULY</b>					
July 27-30			Breckenridge, Colorado * Preferred 1 male	1	
July 7	Thrs	5:45- Dusk	Tandem Ride	1	
July 16	Sat	8:45- 11am	Tandem Ride	1	
July 21	Thrs	5:45- Dusk	Tandem Ride	1	
July 30	Sat	8:45- 11am	Tandem Ride	1	
<b>AUGUST</b>					
Aug 4	Thrs	5:45- Dusk	Tandem Ride	1	
Aug 13	Sat	8:45- 11am	Tandem Ride	1	
Aug 27	Sat	8:45- 11am	Tandem Ride	1	